

Tip for Transition: Have Students Map Out Their Dreams Using a Dream Sheet

DREAM SHEET

Use this powerful tool with students to help them:

1. **formulate** a dream
2. **identify** strengths
3. **maximize** resources
4. **develop** action steps

Download a ***FREE*** Dream Sheet

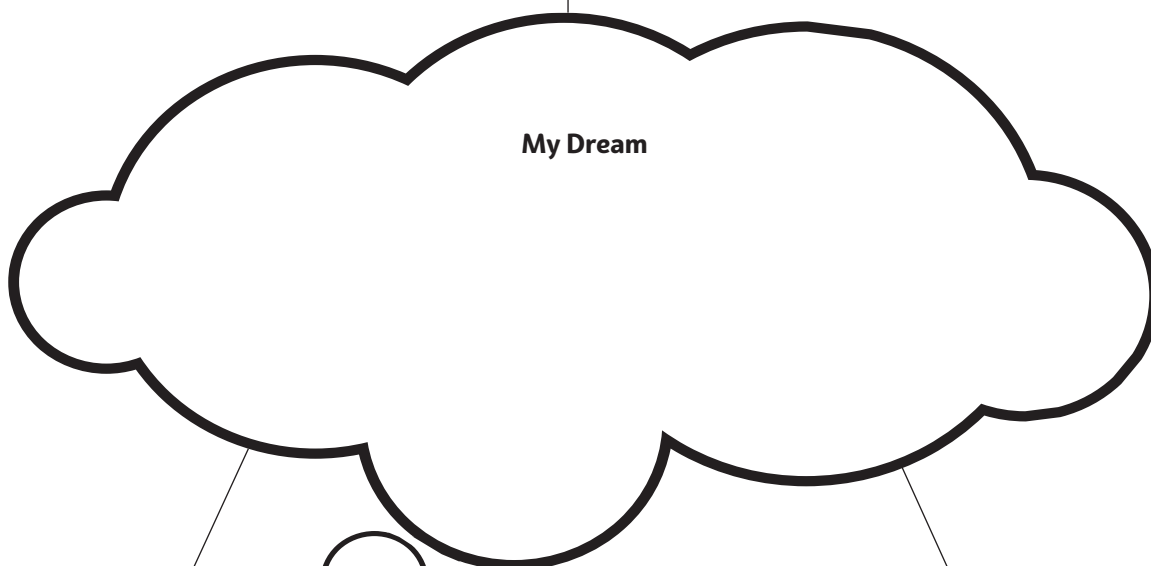
Adapted from *Your Complete Guide to Transition Planning and Services*
by Mary E. Morningstar, Ph.D. & Beth Clavenna-Deane, Ph.D.

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The Dream Sheet

My strengths

Support I need



My Dream



Steps for achieving my dream

Source: Snow & O'Brien, n.d.