



www.abicommunity.org

Thursday,
February 18, 2021
3:00pm-5:00pm (PST)

FIGHTING COVID: UNDERSTANDING THE COVID-19 VACCINE

For individuals that
experience Intellectual &
Developmental Disabilities



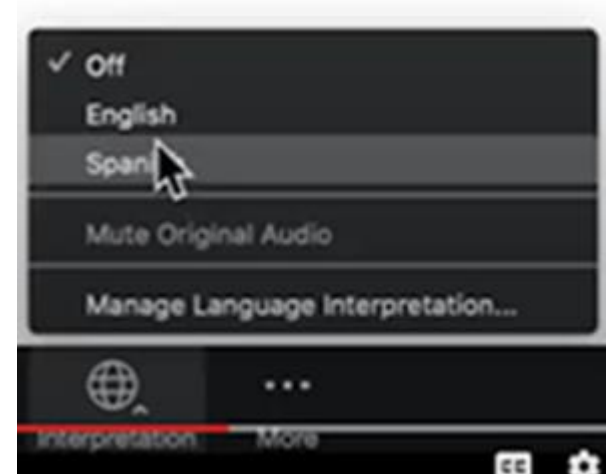
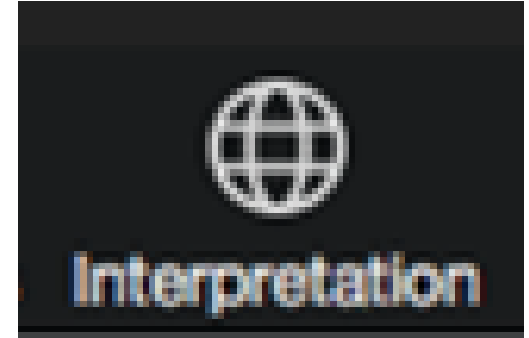
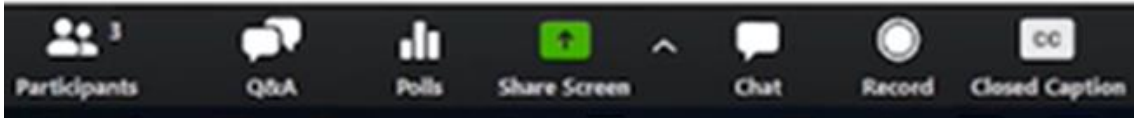
Presented by
Dr. Joseph W. Sullivan,
MD MPH CtropMed
and

Kate Williams-Paul,
NWDSA/ABI Social Justice
Youth Coordinator



Spanish Interpretation

- Click interpretation button
- Select Spanish
- Select mute original audio



Reminders



- Session is being recorded

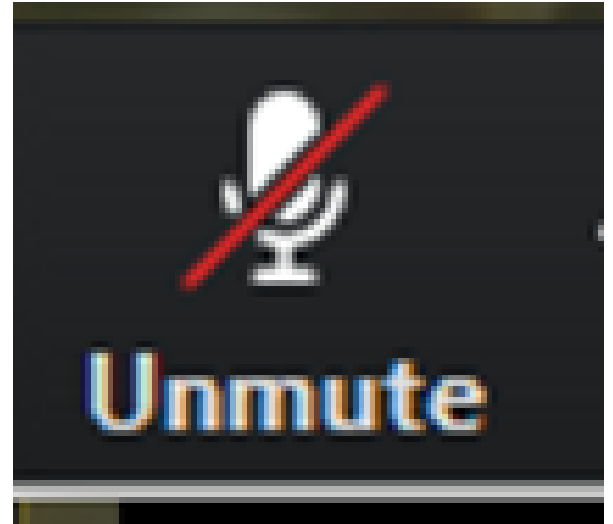
- We share recording with those who can't attend



- We will use recording as a resource for the community

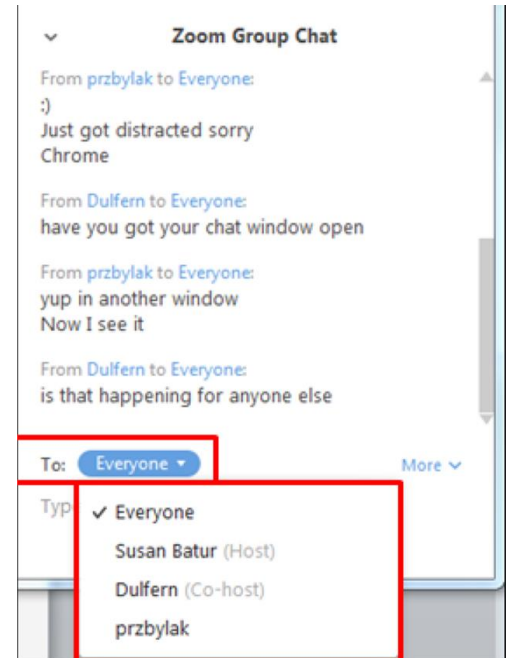
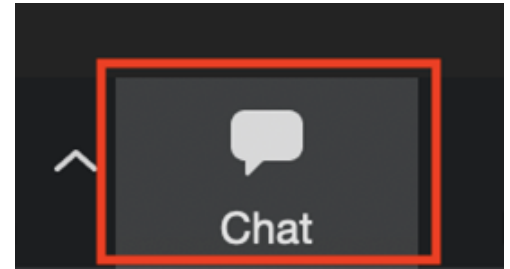


- Please stay on mute



More Zoom Controls

- Click chat to type questions or message other participants
- During Q&A you can type your question in the chat box if you choose not to be recorded
- Or you can unmute and turn on video and will be recorded
- Type messages in chat for support



Text Support

- If you want to text a message:

503-894-2159

- We can put it in the chat box for you



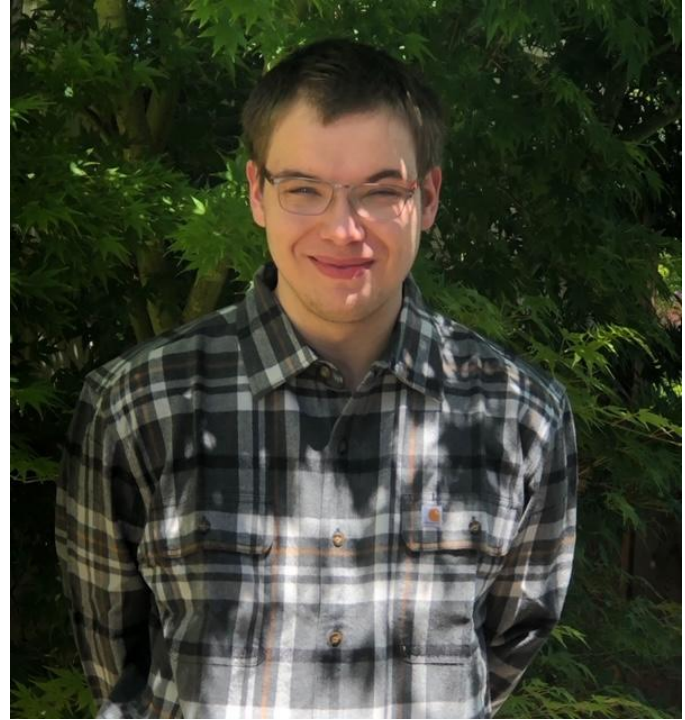
Kate (She/her)

- Youth Outreach Coordinator



Will Larson (He/him)

- Youth Outreach Coordinator



Northwest Disability Support (NWDS)

- Who we are
- Coming to a trusted community
- Understanding the vaccine
- This is not about how to get a vaccine or when



NWDSA (abi)
northwest down syndrome association

PROGRAMS OF NW DISABILITY SUPPORT



NW DISABILITY SUPPORT

Fighting COVID



- We want to make sure you are heard



- Access to accessible visual information with graphics



- Myths and truths



- Ask questions and get informed



- Understanding the vaccine



Agenda

- Introductions



- Structured questions



- Body break



More Agenda

- Community questions



- Review / Closing



- Dance party



Doctor Joe Sullivan Introduction

- Doctor for 30 years
- Worked at Oregon Health Authority in COVID vaccine program
- Has experience with disease prevention and health education
- Doctor of our executive director's family
- He is honored to join us today
- Favorite quarantine snack

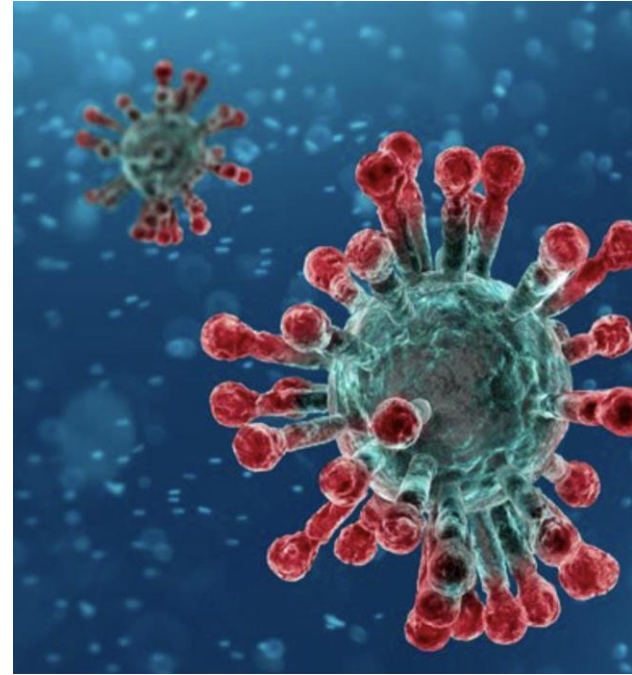


Structured Q&A

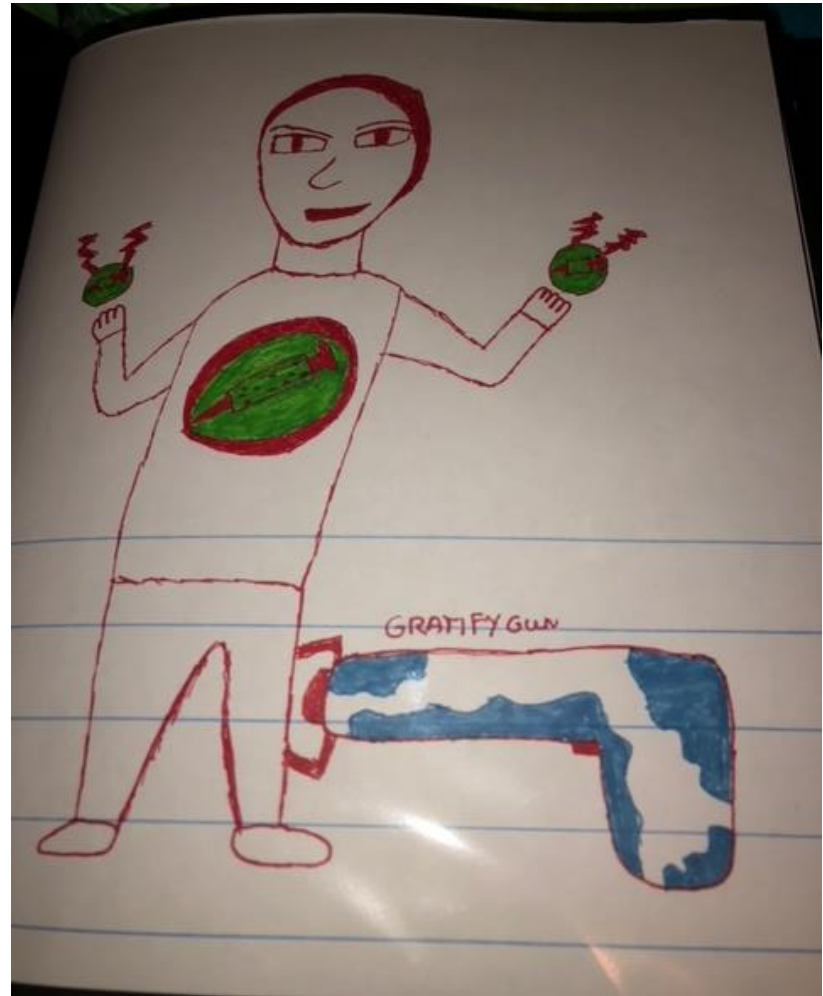
- Learn what a vaccine is
- Learn how a vaccine works
- Learn why vaccines are important
- Learn if the vaccine is safe
- Learn how you might feel after a vaccine



What is a vaccine?



How does a vaccine work?



Why is it important to get the COVID vaccine?



Is the vaccine safe?



How will I feel after the vaccine?

- May have some mild symptoms
- If needed Tylenol can be taken for mild symptoms



Dan's Vaccine Video



Body Break

- You can stretch
- You can get water
- Take care of your needs
- You can turn your screen off
- You can also enjoy a song by Lily Mullen



Graphic Facilitation



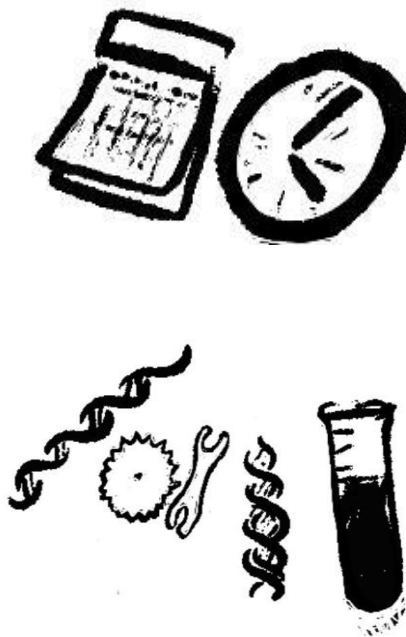
Community Q&A

- Type questions in Zoom chat
- Raise your hand on your screen
- Video questions
- Community questions

ANY ? ?
QUESTIONS?



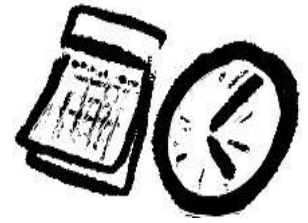
How was the vaccine made so fast?



I am 14 years old. Can I get the vaccine?



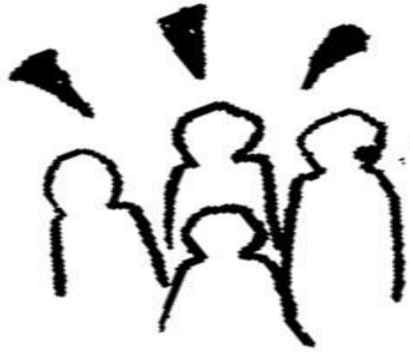
Are there any long term side effects from the vaccine after getting your second dose?



How protected am I from COVID after getting the two doses of the vaccine?



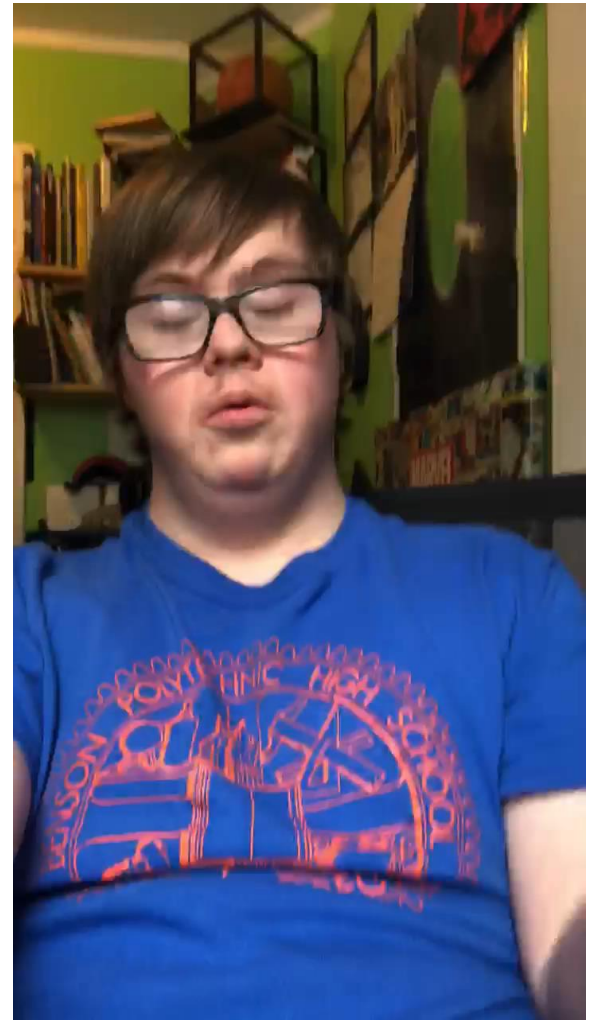
After my second dose when
will I be safe?



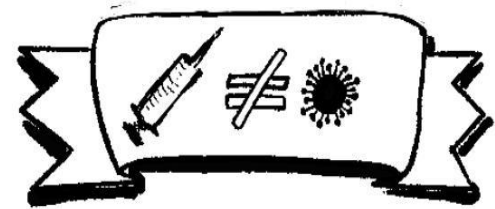
Can I bring my provider to help me, cause I think that's kind of important, especially for the transportation use?



Dan's Breathing Tips



One of the myths I heard is getting the vaccine gives you COVID



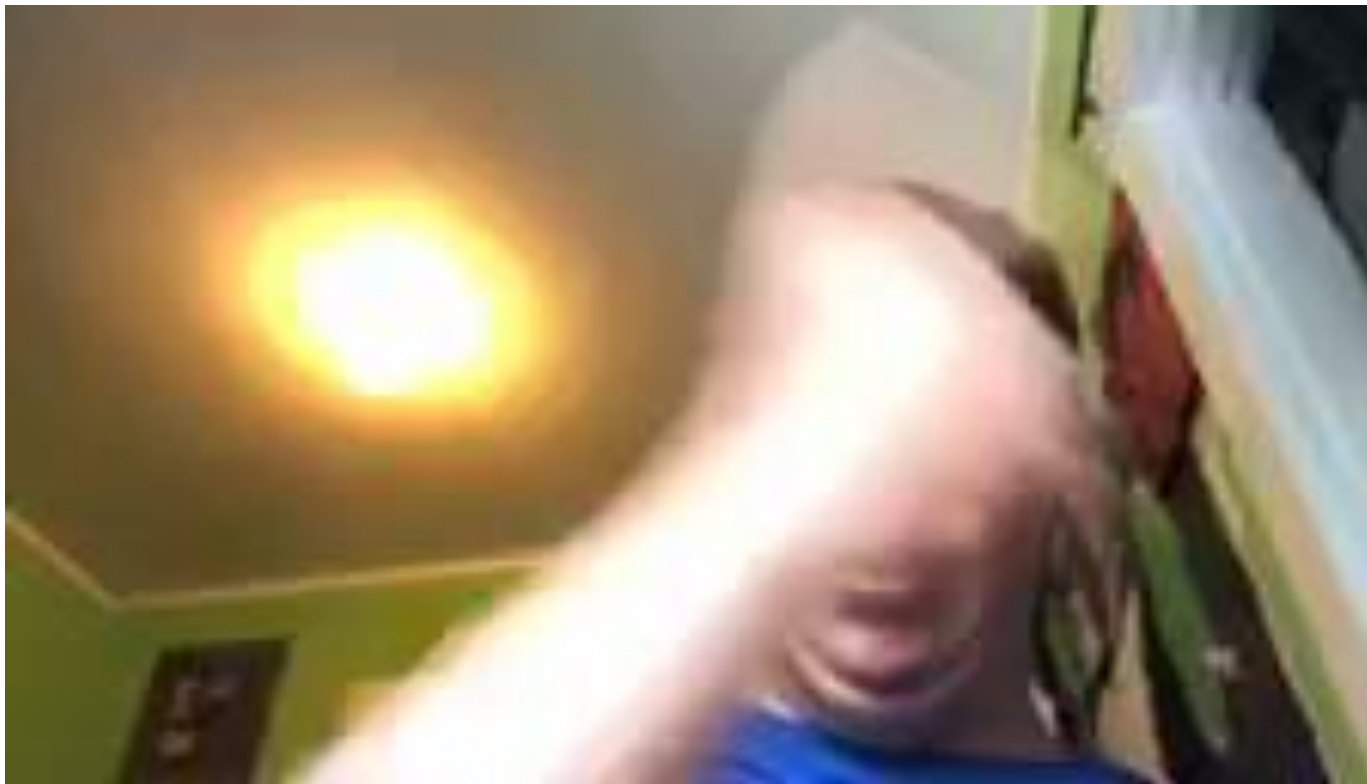
A myth I've heard about COVID is that if you get the COVID vaccine you don't have to wear your mask any more because you're immune to it



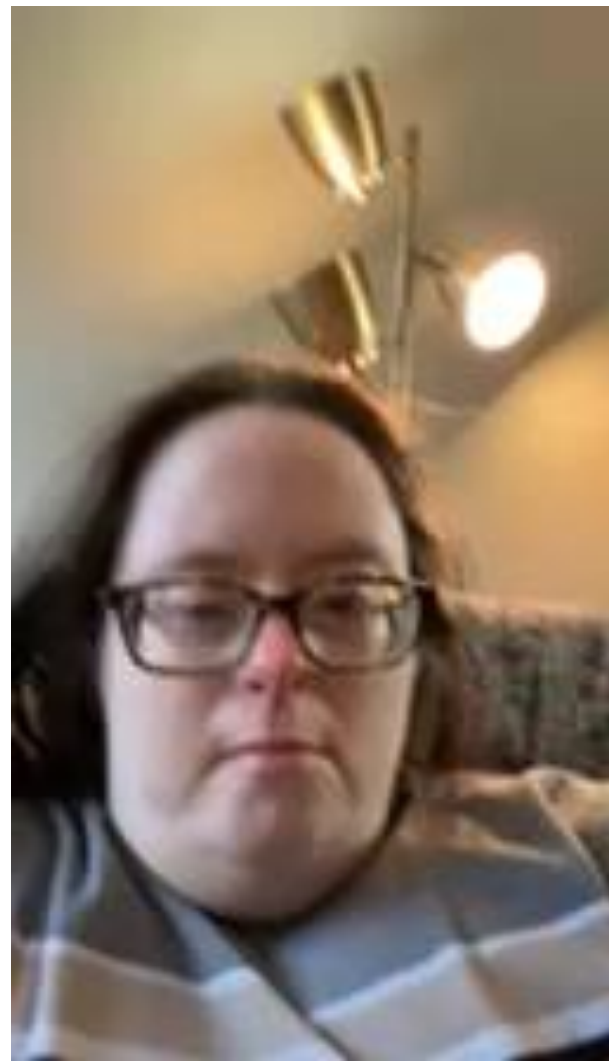
Graphic Facilitation Check In



Dan's Meditation



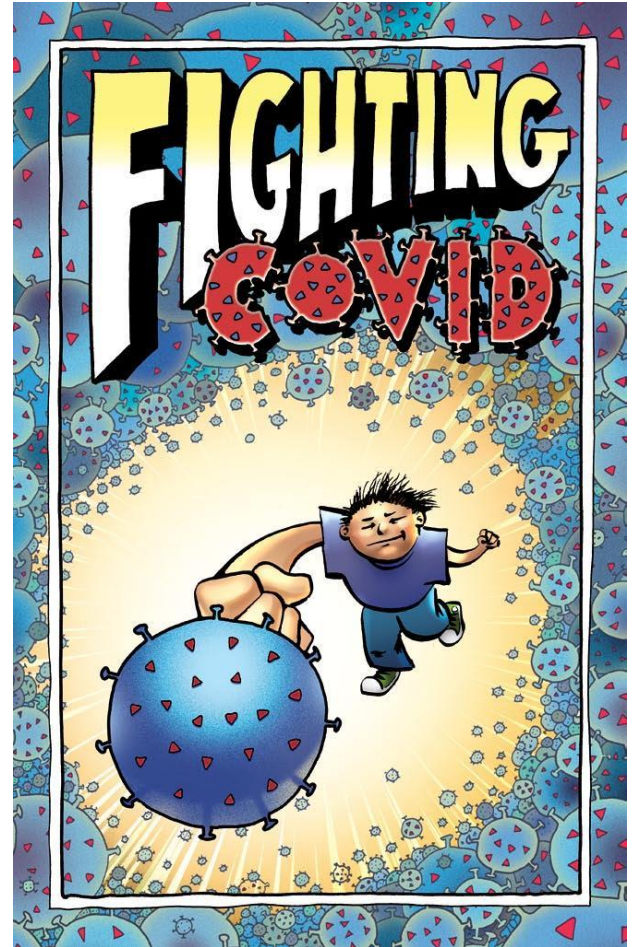
Eleanor's Vaccine Story



Dr Joe Final Thoughts



Kate Final Thoughts



Thank you!



- www.abicommunity.org
- www.nwdsa.org
- Northwest Down Syndrome Association and ABI YouTube
- Northwest Down Syndrome Association (NWDSA) Facebook
- info@nwdsa.org
- 503-238-0522

Dance Party

