What others need to know about me

Name:
My Strengths
Things I Enjoy
My future: I want

Employment

Daily living/housing

Education

Fun

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I Need

What works

What doesn't work

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Additional questions to ask:

What is your school schedule? What is easy what is hard?

What’s your favorite class, teacher, time of the day?

How do you spend time out of school? What keeps you busy?

What does life feel like for you?

I feel empowered when...

In the next year (2 years, 3 years, 5 years) what do you want to happen in your life?
References

Material adaptation from:

• Marsha Threlkeld, PIVOTAL Consulting and Training

• Transition Toolkit for Students with Traumatic Brain Injury, cbirt.org